



2024 Safety Plan

P.O. Box 318, Sonoma CA 94576
League ID# 4053512

INTRODUCTION

Sonoma Little League is a fully chartered Little League program open to boys and girls between the ages of 5-14 living within the boundaries of Sonoma Little League, as determined and approved by Little League Baseball. Our league plays in District 53 of the Western Region of Little League Baseball. Our league consists of four (4) divisions of play: Single A, AA Minors, AAA Minors and Majors.

MISSION STATEMENT

Sonoma Little League and its volunteers pledge to provide:

- A positive Little League experience for young people in our community
- An equal opportunity for all children
- Instruction geared toward learning and improving.
- Valuable lessons in sportsmanship and teamwork
- A safe and friendly environment to develop and nurture a love for the game of baseball.

POLICY STATEMENT

In 1995, Little League International introduced ASAP (A Safety Awareness Program). This program was created to emphasize the importance of safety within the Little League organization. More importantly, it helped the local league's Safety Officer to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball.

Sonoma Little League has developed this safety plan to provide important information to managers, coaches, players and parents. The goal of this safety plan is to establish guidelines that will be used by all participants in Sonoma Little League, to ensure safety for all players, coaches and volunteers.

This safety plan is distributed to all managers at the start of each season. This manual is also readily available in all snack bars and equipment sheds and can also be viewed online at www.sonomalittleleague.com.

IMPORTANT PHONE NUMBERS

EMERGENCY	<i>From Land Line</i>	9-1-1
	<i>From Cell Phone</i>	(707) 565-2121
SHERIFF	<i>City of Sonoma</i>	(707) 996-3602
	<i>Sonoma County</i>	(707) 565-2511
FIRE	<i>City of Sonoma</i>	(707) 996-2102
CALIFORNIA HIGHWAY PATROL	<i>State</i>	(707) 253-4906
SONOMA VALLEY HOSPITAL	<i>Sonoma</i>	(707) 935-5000
POISON CONTROL		(800) 876-4766
LITTLE LEAGUE INTERNATIONAL INSURANCE CLAIM OFFICE	<i>Williamsport</i>	(570) 327-1674
DISTRICT 53 SAFETY OFFICER - TOM FERGUSON		(707) 373-4949

BOARD OF DIRECTORS

PRESIDENT	<i>Mark Margreiter</i>	707-494-8729
	<i>coachmargreiter@gmail.com</i>	
VICE PRESIDENT	<i>Clark Stoner</i>	831-588-6562
	<i>sonomallvp@gmail.com</i>	
PLAYER AGENT	<i>Katie Margreiter & Elpidio Chavez</i>	Katie: 707-696-3725 Elpidio: 707-304-2694
	<i>Playeragent20@gmail.com Chavezpillo@yahoo.com</i>	
SECRETARY	<i>Jenna Maze</i>	707-529-5621
	<i>jennasmaze@gmail.com</i>	
TREASURER	<i>Elizabeth (Lizzy) Serres</i>	707-696-5221
	<i>elizabethjserres@gmail.com</i>	
COACHING COORDINATOR	<i>Tyler Coffin</i>	858-945-4961
	<i>tycoffin@gmail.com</i>	
INFORMATION OFFICER	<i>Yessi Sanchez</i>	707-321-5226
	<i>yessisanchez@live.com</i>	
SAFETY OFFICER	<i>Dean Gilardi</i>	415-250-7168
	<i>dagilardi@yahoo.com</i>	

SAFETY ACTION ITEMS

ACTIVITY	RESPONSIBLE PARTY	TIMELINE
Facilities Survey	Safety Officer	<i>Pre-season</i>
Equipment Inspection	Safety Officer / Equipment Manager	<i>Pre-season</i>
Field Inspections	Safety Officer / Managers	<i>Ongoing</i>
Conduct Background Checks	Safety Officer / President	<i>Ongoing</i>
Distribute First-Aid Kits	Safety Officer	<i>Coaches Mtg</i>
Submit Safety Manual	Safety Officer / President	<i>November 15th</i>
Traffic Safety Awareness	Safety Officer	<i>Coaches Mtg</i>
Review Concession Stand Log	Safety Officer	<i>Weekly</i>
Safety Report to Board	Safety Officer	<i>Monthly</i>
First-Aid Inspections	Safety Officer / Managers	<i>Monthly</i>
Practice/Game Visits	Safety Officer	<i>Ongoing</i>
Injury Report Follow Up	Safety Officer / President	<i>As occurs</i>
Review Injury Reports	Safety Officer / President / Managers	<i>As occurs</i>
Review Playing Condition Reports	Safety Officer / President / Facilities Managers	<i>As occurs</i>
Review Equipment Reports	Safety Officer / President / Equipment Manager	<i>As occurs</i>
Enforce Pitch Count Rules	Safety Officer / President / Coaching Coordinator / Managers	<i>Ongoing</i>

SAFETY CODE

The Sonoma Little League Safety Code has been adopted by the Board of Directors and is enforced by the Safety Officer and League President. All league participants, volunteers and officers are required to abide by this code. It is the responsibility of the Safety Officer to make revisions to the Safety Code from year to year, as necessary.

- Managers, coaches and umpires should have basic training in first-aid and CPR/AED. First-aid kits are distributed to each team at the beginning of the season and basic first- aid supplies are located at each field. An AED is located at the field.
- Managers and coaches are responsible for inspecting the fields (before games *and* practices) for holes, damage, stones, glass and other foreign objects prior.
- In games where Umpires are presiding, the Umpire will ensure that the managers and coaches carry out field inspections. Umpires have the discretion to call the game if it is determined that the field is not suitable for play.
- No games or practices shall be held when weather or field conditions are not safe, particularly when lighting is inadequate.
- All team equipment should be stored within the team dugout or behind screens and not within the area defined by the Umpires as "in play."
- Only players, managers, coaches and Umpires are permitted on the playing field or in the dugout during games and practices.
- Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and/or coaches.
- During practice and games, all players should be alert and watch the batter on each pitch.
- During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.
- Equipment should be inspected regularly for the condition of the equipment as well as for proper fit. Replacements for damaged equipment can be obtained through the league's Equipment Manager.
- Batters must wear Little League Baseball approved protective helmets during batting practice and games.
- Catchers must wear a catcher's helmet, mask, throat guard, long model chest protector, shin guards and protective cup with

- athletic supporter at all times for all practices and games. NO EXCEPTIONS! Manager should encourage all male players to wear protective cups and supporters for practices and games.
- Except when a runner is returning to a base, headfirst slides are not permitted.
 - During sliding practice, bases should not be strapped down or anchored.
 - At no time should "horseplay" be permitted on the playing field.
 - Players must not wear watches, rings, pins or metallic items during games and practices.
 - Parents of players who wear glasses should be encouraged to provide safety glasses.
 - The catcher must wear a catcher's helmet and mask with the throat guard in warming up pitchers. This applies between innings in the bullpen during a game and during practices.
 - An updated rule allows managers and coaches to warm-up pitchers or play catch with players as needed.
 - On-deck batters are not permitted.
 - All pregame warm-ups should be performed within the confines of the playing field and not within areas that are frequented by, and thus endanger spectators.

Sonoma Little League will require all teams to follow all Little League rules.

COACHING & SAFETY CLINIC

February 10th, 10-Noon
At Hughes and Teeter
Field

**MANDATORY FOR
MANAGERS/COACHES**

- Review fundamentals of teaching the game
- Review local league policies and procedures
- Review 2024 changes to the Little League Rule Book
- Review basic First Aid / Safety Procedures
- Review and distribute Safety Plans, Medical Release Information
- Distribute First Aid Kits
- Distribute team equipment
- Discuss draft procedure including practice field assignments

**NO TEAM IS AUTHORIZED TO
PRACTICE OR MEET WITHOUT FIRST
ATTENDING THIS MEETING!
(at least one coach/manager per team must
attend)**

MANAGER'S REQUIRED EQUIPMENT

A manager and/or coach must bring the following to every practice or game:

1. Cell Phone
2. Proper league-issued playing equipment
3. First-Aid Kit
4. Medical Release Forms for every player (paper or readily accessible digital format acceptable)
5. Safety Plan (paper or readily accessible digital format)

Volunteer Application

Sonoma Little League uses the JDP background check process each year.

The application can be found here:

<https://www.littleleague.org/player-safety/child-protection-program/jdp-quickapp/>

Additionally, California law requires volunteers to be fingerprinted and complete a Livescan form. (Details may be found on the League website.)

In the event a negative background check is received the applicant will be notified in writing. A copy of the negative background check will be maintained by the league for no less than 5 years.

All Little League Volunteers are required to review the Little League child Protection Program and complete the required annual training. Details may be found at

<https://www.littleleague.org/player-safety/child-protection-program/>

ACCIDENT REPORTING PROCEDURE

1. *WHAT to report.*

An incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aid must be reported to the Safety Officer, Player Agent or League President. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury or periods of rest. If a player, manager, coach, umpire or volunteer is removed from a practice or game for an injury it is required to file a report.

2. *WHEN to report.*

All such incidents described above must be reported to the Safety Officer, Player Agent or League President within 24 hours of the incident.

3. HOW to make the report.

Incident reports may be filed on paper (available at the snack shack during games), with a follow up message/phone call to the safety officer. If an incident occurs at practice a phone/message/email report may be submitted. At a minimum, the following information must be provided:

- Name and phone number of the individual involved.
 - Date, time and location of the incident.
 - Detailed description of the incident.
 - Preliminary estimation of the extent of any injuries.
 - Name and phone number of the person reporting the injury.
4. Incident logs will be maintained digitally or hard copies for no less than 5 years.

Incident Injury Tracking Report

<https://www.littleleague.org/downloads/incident-injury-tracking-form/>

Hard copies to be provided in binders as well as available at the Snack Bar.



LITTLE LEAGUE® BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To:
 Little League International
 539 US Route 15 Hwy, PO Box 3485
 Williamsport PA 17701-0485
Accident Claim Contact Numbers:
 Phone: 570-327-1674

Accident & Health (U.S.)

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefit are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefit or Notice of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefit for eligible expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plans
5. **Limited** deferred medical/dental benefit may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
6. Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing.

League Name		League I.D.	
Name of Injured Person/Claimant		SSN	Age
Date of Birth (MM/DD/YY)		Sex	
		<input type="checkbox"/> Female	<input type="checkbox"/> Male
Name of Parent/Guardian, if Claimant is a Minor		Home Phone (Inc. Area Code)	Bus. Phone (Inc. Area Code)
		()	()
Address of Claimant		Address of Parent/Guardian, if different	

The Little League Master Accident Policy provides benefit in excess of benefit from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in each column:

- | | | | | |
|---|--|---|---|--|
| <input type="checkbox"/> BASEBALL | <input type="checkbox"/> CHALLENGER (4-18) | <input type="checkbox"/> PLAYER | <input type="checkbox"/> TRYOUTS | <input type="checkbox"/> SPECIAL EVENT (NOT GAMES) |
| <input type="checkbox"/> SOFTBALL | <input type="checkbox"/> T-BALL (4-7) | <input type="checkbox"/> MANAGER, COACH | <input type="checkbox"/> PRACTICE | <input type="checkbox"/> SPECIAL GAME(S) |
| <input type="checkbox"/> CHALLENGER | <input type="checkbox"/> MINOR (6-12) | <input type="checkbox"/> VOLUNTEER UMPIRE | <input type="checkbox"/> SCHEDULED GAME | (Submit a copy of your approval from Little League Incorporated) |
| <input type="checkbox"/> TAD (2ND SEASON) | <input type="checkbox"/> LITTLE LEAGUE (9-12) | <input type="checkbox"/> PLAYER AGENT | <input type="checkbox"/> TRAVEL TO | |
| | <input type="checkbox"/> INTERMEDIATE (5070) (11-13) | <input type="checkbox"/> OFFICIAL SCOREKEEPER | <input type="checkbox"/> TRAVEL FROM | |
| | <input type="checkbox"/> JUNIOR (12-14) | <input type="checkbox"/> SAFETY OFFICER | <input type="checkbox"/> TOURNAMENT | |
| | <input type="checkbox"/> SENIOR (13-16) | <input type="checkbox"/> VOLUNTEER WORKER | <input type="checkbox"/> OTHER (Describe) | |

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official	Position in League	
Address of League Official	Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()	

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
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Additional league insurance information is available upon request from the League President. General information maybe found at

<https://www.littleleague.org/university/articles/little-league-insurance-programs/>



HEY COACH, HAVE YOU:

- ✓ **Walked field for debris/foreign objects**
- ✓ **Inspected helmets, bats, catchers' gear**
- ✓ **Made sure a First Aid kit is available**
- ✓ **Check conditions of fences, backstops, bases and warning track**
- ✓ **Made sure a cell phone is available in case of an emergency**
- ✓ **Held a warm-up drill**

SNACK BAR SAFETY CHECKLIST

1. Ensure all workers wash their hands before handling food.
2. Instruct workers that the “money handlers” should not handle unwrapped food items.
3. All workers should know where the fire extinguisher is and know how to use it.
4. All workers should know where the first aid kit and extra ice packs are located.
5. All tripping hazards should be cleared.
6. Items stored on shelves should be secured.
7. Regularly inspect for frayed or damaged cords. Multi-prong adapters should not be used. Power strips are acceptable.
8. Food items should be kept at their proper temperature. No cooked items or opened food items shall be restored. These items should be thrown away at the end of daily operations.

Volunteers Must Wash Hands

HOW



WHEN

Wash your hands before you prepare food or as often as needed.

Wash after you:

- ▶ use the toilet
- ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- ▶ touch soiled plates, utensils or equipment
- ▶ take out trash
- ▶ touch your nose, mouth, or any part of your body
- ▶ sneeze or cough

Do not touch ready-to-eat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils.
Remove all jewelry, nail polish or false nails unless you wear gloves.

Wear gloves.

when you have a cut or sore on your hand
when you can't remove your jewelry

If you wear gloves:

- ▶ wash your hands before you put on new gloves

Change them:

- ▶ as often as you wash your hands
- ▶ when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MA Partnership for Food Safety Education, United States Department of Agriculture Cooperative, UMass Extension provides equal opportunity in programs and employment.



Parent Code of Conduct

We, the _____ Little League, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

I therefore agree:

I will not force my child to participate in sports.

I will remember that children participate to have fun and that the game is for youth, not adults.

I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

I will learn the rules of the game and the policies of the league.

I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.

I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.

I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.

I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.

I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.

I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.

I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.

I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.

I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.

I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.

I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature _____

**Sonoma Little League
Managers and Coaches Code of Conduct Agreement**

We, the Sonoma Little League, have implemented the following Sport Coach Code of Conduct for the important message it holds about the proper role of managers and coaches in supporting players. Managers and Coaches must read, understand, and sign this form prior to participating in our league.

Any coach guilty of improper conduct at any game or practice will be held to the following:

- 1st Offense: (1) game suspension
- 2nd Offense: (2) game suspension and ineligible to manage or coach in any postseason play, including playoffs, TOC and All Stars.
- 3rd Offense: Expulsion from league

If a Coach/Manager is ejected from a game by an Umpire, and the ejection is deemed valid by the SLL board, that coach/manager will automatically serve a (1) games suspension.

Any coach who is ejected must leave the park and may not remain in the vicinity to observe the remainder of the game. If the coach incites more verbal aggression, or escalates the situation, does not leave the field or refuses to leave the vicinity, the game will be called and the offending coach's team will forfeit the game.

Suspended coaches must attend a meeting before the SLL board and Umpire in Chief within 72 hours to determine whether the offense warrants additional disciplinary action. Failure to appear at the time designated by the board will result in an indefinite suspension from all SLL activities until appearance.

I therefore agree:

- *To never place the value of winning above the value of instilling the highest ideals of character.*
- *To strive to instill the value of good sportsmanship in all of his or her players.*
- *To use appropriate tones and language at all times.*
- *To demonstrate positive coaching methods, how to balance discipline and fun and correct athletes without being demeaning.*
- *To learn the rules of Little League and the policies of Sonoma Little League and for the appropriate age that I am coaching and adhere to all rules during practices and games.*
- *To give players a chance to play each game in accordance with minimum play rules of SLL.*
- *To avoid use of alcohol and or tobacco while interacting with players during practices or at games.*
- *To not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.*
- *To not indulge in conduct which would incite players or spectators against the umpires. Public criticism of officials or players is unethical.*
- *To meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the game.*
- *To defer all questions and communication to the adult game monitor or Umpire in Chief when all umpires are under the age of 18.*

- To refrain from blurting out any call including but not limited to safe/out/runners interference as it interferes with the umpires ability to make a call in real time. (umpires to monitor and give warnings)
- To only have the manager of the team approach the plate umpire or adult game monitor.
- To only leave the dugout if given permission from the plate umpire or to take a place as a base coach or warm up a pitcher.
- *To promote the emotional and physical well- being of the athletes and include all players without regard to race, religion, color, sex, sexual orientation, disability or any other state or federal protected class.*
- *To respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.*
- *To make sure practices and games are scheduled on a regular basis and that they will only be canceled with valid cause and communicated immediately.*
- To meet with my team no more than 4 times per week, including games.
- *To understand and practice basic first aid at all practices and games and will report any issues immediately.*
- *To discourage illegal or dangerous play.*
- To attend monthly Sonoma Little League Board Meetings as required for my division of play.
- To complete all required training and background checks before meeting with players.
- To honestly complete a volunteer application and any other documentation for Little League.

By signing below, I agree to adhere to the above Code of Conduct and understand I will be held accountable for my actions:

Printed Name	Team
Signature	Date